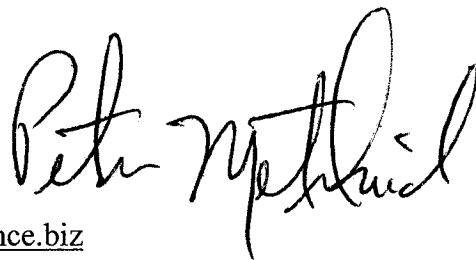


Better Life



Choreographed by Peter Metelnick, September 2004

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4 wall – 48 count Intermediate line dance

Music: Better Life – Keith Urban (start after 24 count intro), from the CD Be Here

Step Sheet Courtesy of LineDanceFun on the Internet at www.linedancefun.com

1-8 R & L heel switches, R ball cross, ¼ R & kick, R ball cross, ¾ turn L into forward shuffle

1&2& Touch R heel forward, step R together, touch L heel forward, step L together

3&4 Cross step R over L, turning ¼ right step L back, kick R on R diagonal

&5-6 Step R back, cross step L over R, turning ¼ left step R back

7&8 Turning ½ left step L forward, step R together, step L forward

9-16 R & L heel switches, L ball cross, ¼ R & kick, R ball cross, ½ turn L into side shuffle

1&2& Touch R heel forward, step R together, touch L heel forward, step L together

3&4 Cross step R over L, turning ¼ right step L back, kick R on R diagonal

&5-6 Step R back, cross step L over R, turning ¼ left step R back

7&8 Turning ¼ left step L to left, step R together, step L to left

17-24 Syncopated R cross rock & recover, weave R 2, L sailor, R cross behind & unwind ¾ R

1&2 Cross step R over L, recover weight on L, step R to right

3-4 Cross step L over R, step R to right

5&6 Cross step L behind R, step R to right, step L to left

7-8 Touch R behind L, unwind ¾ R with weight ending on R

25-32 L forward rock & recover, ½ L shuffle, R forward, ½ L pivot turn, R kick ball touch

1-2 Rock L forward, recover weight on R

3&4 Turning ½ left step L forward, step R together, step L forward

5-6 Step R forward, pivot ½ left

7&8 Kick R forward, step R together, touch L to left

33-40 L sailor with ¼ R turn, R sailor heel, R ball cross into L cross shuffle, ½ L turn

1&2 Cross step L behind R, turning ¼ right step R to right, step L to left

3&4 Cross step R behind L, step L to left, touch R heel forward on R diagonal

&5&6 Step R back, cross step L over R, step R to R, cross step L over R

7-8 Turning ¼ left step R back, turning ¼ left step L to left

41-48 R forward, touch L together, L ball heel, R back, L forward, R forward, ½ L pivot turn, R kick ball step

1-2 Step R forward, touch L together

&3&4 Step L back, touch R heel forward, step R back, step L forward

5-6 Step R forward, pivot ½ left

7&8 Kick R forward, step R together, step L forward

